The nurse in the college clinic provides Austin, a 19 year-old college student, with information at the health fair about HIV prevention and treatment after he shares his concern about "catching AIDS".

Phases of HIV

- Acute phase: 1-3 weeks after initial infection
- Chronic phase: divided into Early Chronic

Clinical Manifestations
- Influenza-like symptoms develop: fever, sore throat, headache, malaise, nausea

CD4 T cell count > 500 mm$^3$.
- Generally asymptomatic, may have low grade fever, night sweats, headache, fatigue.
- Early Chronic
- Chronic phase

Prevention Strategies
- The best prevention is:
  - Education
  - Abstaining from sexual activity.
  - Abstaining from use of IV drugs.
  - Use of condoms during sexual activity.
  - No sharing needles or syringes with IV drug use.
  - HIV testing annually.

Sources of Infection

Modes of Transmission

Education

safe life style include

reducing risk

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