

Wound Care Institute

**Evidence-Based
Guidelines in
Nursing Practice**

MARCH 16-17, 2012

Preconference Sessions

A Touch of Sugar: Diabetes Update

*Barb Bancroft
RN, MSN, PNP*

Caring for the Client with an Ostomy

*Diana Gallagher
MS, RN, CWOCN, CFCN*

Continence: Assessment and Management

*Dorothy Doughty
MN, RN, CWOCN, FAAN*

**THURSDAY,
MARCH 15**

At the breathtaking
*Chateau on the Lake
Resort and Spa*

Branson, Missouri

TARGET AUDIENCE – WOC nurses; nurses practicing in acute care, long term care, & home care; physical therapists; nursing home administrators and others involved in preventing and treating patients with pressure ulcers.

LEARNING OBJECTIVES:

The attendees will be able to:

- 1) Discuss issues, challenges and trends for patients requiring care of wound, ostomy, and continence problems.
- 2) Evaluate and use patient information to determine causative factors in wound development.
- 3) Describe assessment and current evidence based guidelines for acute and chronic wounds.
- 4) Apply principles for various methods of wound care.
- 5) Identify strategies for prevention of diabetic foot ulcers.

NURSING CONTACT HOURS

UAMS AHEC-NW is an approved provider of continuing nursing education by Arkansas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Contact hours are:

- 11.25 **Wound Care Institute**
- 5.5 **Preconference Session A- "A Touch of Sugar: Diabetes Update "**
- 5.5 **Preconference Workshop B- "Caring for the Client with an Ostomy"**
- 5.5 **Preconference Workshop C- "Continence: The Basics of Assessment and Management"**

All faculty at nursing continuing education activities are required to disclose to the audience (1) any significant financial relationships with the manufacturer(s) of any commercial products, goods or services and (2) any unlabeled/unapproved uses of drugs or devices discussed in their presentations. Such disclosures will be made in writing in the course presentation materials.

This conference has received commercial support from a variety of vendors. This commercial support shall not influence the design and scientific objectivity of this educational activity. A complete list of vendors will be available at the conference in the printed materials. The educational event will be kept separate from promotional activities.

This program has been submitted to the Office of Long Term Care for Arkansas Nursing Home Administrator CE approval.

Speakers

Barb Bancroft, RN, MSN, PNP

Barb has over 25 years of teaching experience— teaching students, nurses, practitioners, educators and lay audience and has provided over 2200 continuing education seminars. Barb has also taught at various universities in her career and provided courses in Advanced Pathophysiology, Pharmacology and Physical Assessment to undergraduate and graduate students.

Dorothy Doughty, MN, RN, CWOCN, FAAN

Dorothy obtained her BSN from Medical College of Georgia and her MN from Emory University. She has been a WOC nurse since 1980 and has been the director of the Emory University WOC Nursing Education Program since 1984. She has multiple presentations and publications related to wound, ostomy and continence nursing, and she is past President of the WOCN Society.

Diana L. Gallagher, MS, RN, CWOCN, CFCN

Diana began her nursing career on a busy medical/surgical unit and it was there that she first worked with a WOC Nurse and recognized what a critical difference they make. Diana graduated from Wound Ostomy Continence Nursing Education Program at Emory University. She was instrumental in beginning the NW Arkansas Ostomy Support Group and maintains a busy consulting practice working directly with patients and referring physicians.

Deborah Fulmer, MSN, RN, CWOCN

Deborah received her BSN and MSN from the University of Central Arkansas. She attended the Emory Wound, Ostomy, and Continence Nurse Education program in 1987 and has been practicing as a CWOCN since that time. Deborah is currently an Assistant Professor at the University of Arkansas Fort Smith and frequently works with healthcare facilities as a wound, ostomy and continence nurse consultant.

- 7:00 Registration
- 8:15 Welcome, introduction, disclosures
- 8:30 **Sessions begin**
- 3:15 Evaluation/wrap up
- 3:30 **Sessions complete**

You may register for one of these concurrent preconference sessions. Continental breakfast is included during registration and lunch is provided for session attendees. Please indicate on the registration form which preconference session you would like to attend.

4:30 – 6:00 Exhibit Hall Opens with Networking Reception

Session A

A Touch of Sugar: Diabetes Update

- 8:30 **Types of Diabetes, Risk Factors, Patho, Clinical Manifestations and Long Term Implications**
- 9:45 Refreshment break
- 10:00 **Long Term Implications, Controlling Blood Glucose Levels**
- 11:30 Networking lunch
- 12:30 **Prevention and Treatment of Long Term Complications**
- 1:45 Refreshment break
- 2:00 **Testing for Diabetes**



Barb Bancroft
PRN, MSN, PN

Session B Caring for the Client with an Ostomy: Challenges and Possibilities



Diana Gallagher
MS, RN, CWOCN, CFCN

- 8:30 **Ostomies, Underlying Conditions, A&P**
- 9:45 Refreshment break
- 10:00 **Providing Optimal Care**
- 11:30 Networking lunch
- 12:30 **Sexuality Issues, Basic and Advanced Management**
- 1:45 Refreshment break
- 2:00 **“Hands-on” with Ostomy Products**

Session C

Continance: The Basics of Assessment and Management

- 8:30 **Overview - Urinary and Fecal Incontinence**
- 9:45 Refreshment break
- 10:00 **Urinary Incontinence - Assessment, Types, and Management Plans**
- 11:30 Networking lunch
- 12:30 **Bladder Control Strategies, Medications and Products**
- Guidelines for Catheter Associated UTIs**
- 1:45 Refreshment break
- 2:00 **Diarrhea, Constipation, Fecal Incontinence and Neurogenic Bowel**



Dorothy Doughty
MN, RN, CWOCN, FAAN

Agenda

FRIDAY, MARCH 16

- 7:00 Registration* – *Exhibit hall open*
- 8:00 Welcome, introduction, disclosures
- 8:15 **Getting Pressure Ulcer Prevention RIGHT (and Legally Defensible)!**
– *Dorothy Doughty*
- 9:30 Refreshment break – *Exhibit Hall open*
- 10:00 **Wounds, Wounds...What Do We Do? – Using Evidence to Guide Nursing Practice** – *Diana Gallagher*
- 11:45 Networking lunch* – *Exhibit hall open*
- 1:00 **Concurrent Sessions**
Basic ♦ **Contributing Factors in Wound Development** – *Deborah Fulmer*
Advanced ♦ **Treatment of Diabetic Foot Ulcers** – *Diana Gallagher*
LTC ♦ **Pressure Ulcer Prevention in the Geriatric Population** – *Dorothy Doughty*
- 2:30 Refreshment break – *Exhibit hall open*
- 3:00 **Concurrent Sessions**
Basic ♦ **Guidelines in Pressure Ulcer Staging** – *Deborah Fulmer*
Advanced ♦ **Guidelines for Using Negative Pressure Wound Therapy** – *TBA*
LTC ♦ **Chronic Wounds in the Geriatric Population** – *Diana Gallagher*
- 4:00 Program complete

SATURDAY, MARCH 17

- 7:15 Registration* – *Exhibit hall open*
- 8:15 **Wound Dressing Selection** – *Dorothy Doughty*
- 9:30 Refreshment break – *Exhibit hall open*
- 10:00 **“Hands-On” Session - Understanding Wound, Ostomy, and Continence Products**
– *Dorothy Doughty, MN, RN, CWOCN, FAAN*
– *Diana Gallagher, MS, BSN, CWOCN, CFCN*
– *Deborah Fulmer, MSN, RN, CWOCN*
- 11:45 Networking lunch* – *Exhibit hall close*
- 1:00 **Concurrent Sessions**
Basic ♦ **Photography and Documentation of Wounds** – *Deborah Fulmer*
Advanced ♦ **Venous and Arterial Ulcers** – *Diana Gallagher*
LTC ♦ **Incontinence Associated Dermatitis** – *Dorothy Doughty*
- 2:30 Refreshment break
- 2:45 **Documentation for Optimal Reimbursement and Regulatory Implications**
– *Diana Gallagher*
- 4:00 Evaluation/wrap up
- 4:15 Program complete

* Continental breakfast or lunch provided

Friday, 1:00

F-1 ❖ Contributing Factors in Wound Development

This session will review normal skin characteristics and expected changes with aging. Causative and contributing factors which lead to skin breakdown will be discussed as well as importance of risk assessment and prevention.

F-2 ❖ Treatment of Diabetic Foot Ulcers

Patients with diminished or absent sensation are at increased risk for foot wounds. The patient with diabetes is prone to develop plantar ulcers. The speaker will discuss the newest evidence and updates in practice for prevention, assessment, and the treatment of diabetic foot ulcers.

F-3 ❖ Pressure Ulcer Prevention in the Geriatric Population

This session will focus on risk factors for pressure ulcer development, current guidelines for risk assessment, and standards for pressure ulcer prevention. The discussion will include regulatory guidelines and legal issues as well as clinical practice issues.

Friday, 3:00

F-4 ❖ Guidelines in Pressure Ulcer Staging

Participants will be introduced to the NPUAP guidelines for staging of pressure ulcers according to involvement of tissue layers. Preparation of the wound bed to promote optimal healing will be discussed and participants will practice staging of pressure ulcers and topical management with commonly used dressings during this session.

F-5 ❖ Guidelines for Using Negative Pressure Wound Therapy

This session will review the rationale and evidence-based guidelines for the appropriate use of negative pressure wound therapy. Patients will be identified who would benefit from negative pressure wound therapy and patients for whom this modality would be contraindicated.

F-6 ❖ Chronic Wounds in the Geriatric Population

The management of chronic wounds are a challenge in older adults. The chronic nature of the wound means that many people may be involved in the care and healing of these wounds. Clear communication is essential to create an effective team approach. This session will describe the underlying pathophysiology and appropriate interventions for different types of situations of chronic wounds in the geriatric population.

Saturday, 1:00

S-1 ❖ Photography and Documentation of Wounds

In this session, the legal and ethical aspects of wound photography will be discussed. Tips for taking good wound photographs will be shared as well as ways to utilize wound photos to enhance documentation of wounds. Participants will be invited to share their experiences with wound photography and documentation.

S-2 ❖ Venous and Arterial Ulcers

Leg ulcers account for the greatest number of wounds caused from vascular insufficiency. This session reviews the pathogenesis, assessment, and management of venous and arterial ulcers. Treatment modalities will be reviewed and the use of adjunctive services.

S-3 ❖ Incontinence Associated Dermatitis (IAD)

This session will focus on prevention strategies and treatment of IAD. Product selection, ingredients, cost and availability will be discussed. This is a practical session for attendees to implement strategies immediately into practice.

Registration

Register no later than March 1, 2012

Mail or fax completed registration form

EARLY BIRD – PRIOR TO DECEMBER 3

Amount Due

Main Conference (March 16-17) Postmarked by Dec 3

Individual: \$350 (USD) \$_____

Groups: \$325 per person (USD) \$_____

(3 or more registrations mailed together)

AFTER DECEMBER 3

Main Conference (March 16-17)

Individual: \$400 (USD) \$_____

Groups: \$375 per person (USD) \$_____

(3 or more registrations mailed together)

Large Group: \$300 per person (USD) \$_____

(6 or more registrations mailed together)

CONFERENCE NOTEBOOKS

Number of notebooks: \$20 (USD) each \$_____

Indicate which concurrent session you would like to attend by checking the box:

FRIDAY, MARCH 16

1:15 pm F-1 F-2 F-3

3:00 pm F-4 F-5 F-6

SATURDAY, MARCH 17

1:15 pm S-1 S-2 S-3

PRECONFERENCE OPTIONS

March 15 • Full Day

Option A: "A Touch of Sugar: Diabetes Update"

Individual: \$175 (USD) \$_____

Option B: "Caring for the Client with an Ostomy"

Individual: \$175 (USD) \$_____

Option C: "Continance: Assessment and Management"

Individual: \$175 (USD) \$_____

Total Amount Enclosed \$_____

In an effort to go green, the conference handouts can be accessed online 2 weeks prior to the conference. You will also be given a CD with the materials when you arrive at the conference. If you are unable to make the copies prior to coming, we will offer printed notebooks for \$20 each (you must preorder).

Please check here if you do not wish for your name and email address to be shared with other conference attendees and exhibitors.

First Name: _____ Last Name: _____

*Home Address: _____

City: _____

County: _____ State/ZIP: _____

Home Phone: _____ Work Phone: _____

*Email (to send confirmation): _____

Employer Name/Address: _____

City: _____ State/ZIP: _____

*Be sure your mailing and email addresses are correct and legible to ensure you receive the confirmation letter, receipt of funds, and password to get online

Credit Card: Visa MasterCard Discover

Name (as it appears on card): _____

Card Number: _____

Expiration Date: _____

3 Digit Security Code (found on back of card): _____ Zip Code (of card holder): _____

Signature: _____

REGISTER EARLY!

Take advantage of our special early bird discount rate!

Deadline for Wound Care – Dec. 3

Deadline for NEI* – Jan. 6

GROUP DISCOUNTS

3 or more faculty registrations.

Consider sending 6 or more for a large group discount. Registrations must be mailed together with fees.

REGISTRATION DEADLINE

Wound Care – March 1

NEI* – March 31

Since conference registration and hotel rooms are limited, please register early. We anticipate our room block to completely sell out.

Confirmation is sent if your registration form and payment are received two weeks before the conference begins.

CANCELLATION POLICY

An administrative fee of \$100 will be charged for changes to registrations (cancellations and refunds)

Wound Care – After March 1, no refunds

NEI* – After March 31, no refunds

PHOTOGRAPHY

We reserve the right to photograph attendees for use in promotional materials.

MAKE CHECK OR MONEY ORDER PAYABLE TO NAPHE

(North Arkansas Partnership for Health Education)

PLEASE MAIL REGISTRATION FORM & FEES:

NAPHE

1515 Pioneer Drive • Harrison, AR 72601

TO PAY BY PHONE:

Phone: 870.391.3367

Toll Free: 888.625.9930

Fax: 870.391.3507

Register online @

www.northark.edu/services/naphe.aspx

Contact Information:

Deanne A. Blach, MSN, RN
Event Director & Nurse Planner
NAPHE

Phone: 870.715.7508

Email: deanneblach@aol.com

*Nurse Educator Institute

Chateau on the Lake

415 North State Hwy. 265 • Branson, Missouri 65616

Single or double standard room: **\$148/night plus tax**

To make a reservation call:

Toll free (888) 333-LAKE • Voice (417) 334-1161

or visit the Chateau on-line at www.chateauonthelakebranson.com

Rooms reserved under **NAPHE Wound Care Institute** March 15-17
Wound Care Attendee code is required for online booking: **0412WOUND**
Deadline for room block is February 10

Rooms reserved under **NAPHE Nurse Educator Institute** April 16-20
NEI Attendee code is required for online booking: **0412AHEC**
Deadline for room block is March 13

Limited block of rooms being held, please reserve early. Once the room block is full the discounted conference rate will no longer apply.

Participants are responsible for their own hotel reservations and should make payments for lodging and other hotel services directly to Chateau on the Lake.